

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/07/17

PATIENT: FOSHEE, ANA **DOB:** 02/11/1969 **Gender:** FEMALE **MRN:** 339 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: In for follow-up with CRNP.

Symptoms: Still having some chest tightness. Has been taking BP at home.

ModFact: Tuesday AM BP--128/98

PM BP--123/94

Wed PM BP--119/87

Patient reports that she has not used her inhaler or taken a breathing treatment. She reports wheezing.

VITALS: BP: 143/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79 **BP2:** 140/98 **Site2:** LEFT ARM **Position2:** SITTING

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Medrol (Pak) 4 mg tablets in a dose pack (Take package by mouth as directed)

Singulair 10 mg tablet

Zithromax Z-Pak 250 mg tablet (TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET ON DAYS 2-5)

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE EVERY 4-6 HOURS AS NEEDED)

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic;

EARS: Ears appear normal. TM's intact and reflect NCL. External auditory canal clear, External ear exam reveals no abnormalities.

NOSE: Nose appears normal. Septum without deviation, no septal perforation, nasal mucosa moist and pink, sinus nontender. turbinates appear normal without exudate

THROAT: Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation. Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Wheezes on the right, Clear on the left

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J45.901 - UNSPECIFIED ASTHMA WITH (ACUTE) EXACERBATION (PRIMARY)

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PLAN:

Albuterol treatment OR ProAir inhaler every 4-6 hours as needed for wheezing

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: Take package by mouth as directed

Continue with Singulair daily.

Recheck BP

Continue to monitor BP at home.

RTC 5 days Recheck.

Electronically signed by Melodye Harvey, CRNP on 12/07/17 9:47 AM