

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/09/21

PATIENT: KNIGHT, LEAH **DOB:** 12/27/1980 **Gender:** FEMALE **MRN:** 3441 **AGE:** 40 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

HISTORY OF PRESENT ILLNESS: Has history of seasonal allergies but this feels worse than normal allergies. Started having +body aches, scratchy throat, feverish, and HA since yesterday. Her husband and two of her children had strep throat recently.

She is on spironolactone for acne.

VITALS: BP: 137/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 97.5; **Resp:** 12; **Ht:** 63 in.; **Wt:** 144.6 lbs.;
BMI: 25.61; **Pulse Oximetry:** 100%; **FDLMP:** 03/09/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

spironolactone 25 mg tablet (PO qd for acne)

PAST MEDICAL HISTORY: Seasonal allergies; acne

PAST SURGICAL HISTORY: Tonsils and adenoids, ACL on (L) knee in 1998

SOCIAL HISTORY: Heterosexual female.

FAMILY HISTORY: Father has heart disease, high cholesterol, Mother has thyroid problems

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- + erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Recommended otc antihistamines. Tylenol or motrin as needed. Follow up if worsening symptoms develop.

Electronically signed by Lindsey Barton, CRNP on 03/09/21 5:09 PM



J. Barton, CRNP