

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/07/21

PATIENT: MCINTOSH, CHRISTOPHER **DOB:** 08/30/1989 **Gender:** MALE **MRN:** 3450 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Mr. McIntosh presents today for an itchy throat since Friday but has since resolved. He reports fatigue, chills, intermittent headaches, chest pressure, chills and cough. He has been using cough drops and Theraflu. He has not had any more diarrhea today. He had one episode yesterday. In regards to the chest pressure it is intermittent and only occurs when he takes a deep breathe. Pain is relieved when he exhales. Denies SOB or palpitations. Denies runny nose or congestion. His cough is only in the mornings when he initially wakes up he coughs up a little phlegm. Denies loss of taste/smell.

VITALS: BP: 158/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 97.3; **Resp:** 16; **Ht:** 72 in.; **Wt:** 301.6 lbs.;
BMI: 40.9; **Pulse Oximetry:** 98%

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Drinks alcohol socially. Denies smoking or illicit drug use. He lives with his fiancée and her children. AUM employee.

FAMILY HISTORY: Mother- HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R05 - COUGH
R51.9 - HEADACHE, UNSPECIFIED
R19.7 - Diarrhea, unspecified
R03.0 - ELEVATED BLOOD-PRS READING W/O DIAGNOSIS OF HTN

PLAN:

URI panel sent to CORE. Follow up with results. Tylenol or motrin as needed for headache. He denies history of HTN.
He will RTC next week for BP recheck.

Electronically signed by Lindsey Barton, CRNP on 04/07/21 2:10 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.