

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/14/25

PATIENT: WALDROFF, BARRETT **DOB:** 01/12/2015 **Gender:** MALE **MRN:** 347 **AGE:** 10 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: headache, productive cough, nasal congestion

HISTORY OF PRESENT ILLNESS: Mr. Waldroff is a 10 yo male accompanied by his mother. He c/o headache, productive cough, and nasal congestion for the past 2-3 days. On Saturday he had 3 episodes of vomiting but none since. Then he has been complaining of his other symptoms since Sunday and was sent home from school today. No fever reported.

VITALS: BP: 125/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.4; **Resp:** 18; **Ht:** 54.5 in.; **Wt:** 96.7 lbs.; **BMI:** 22.88; **Pulse Oximetry:** 98%

GROWTH PERCENTILES:

Weight/Age: 91

Height/Age: 49

Weight/Height: N/A

BMI/Age: 96

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

ProAir HFA 90 mcg/actuation aerosol inhaler (2 puffs every 4-6 hrs as needed)

Wixela Inhub 250 mcg/50 mcg/dose powder for inhalation (1 puff twice daily)

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE 3 TIMES PER DAY as needed for sob/wheezing)

PAST MEDICAL HISTORY: History of motion sickness, asthma.

PAST SURGICAL HISTORY: tonsillectomy and adenoidectomy May 2023

SOCIAL HISTORY: Lives with both parents. Attends school.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Positive
Comment: Influenza A positive
Influenza B negative.

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R09.89 - OTH SYMP&SIGNS INVOLVING THE CIRC&RESP SYSTEMS

PLAN:

Symptomatic treatment. He is outside the window for tamiflu. Increase fluid intake, rest, Rx as per below. Tylenol or ibuprofen as directed otc if needed for pain/fever. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 1 Qty: 120 ML(S)

Instructions: TAKE 5 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 01/14/25 4:29 PM

L. Barton, DNP, CRNP