

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/27/23

PATIENT: WALDROFF, BARRETT **DOB:** 01/12/2015 **Gender:** MALE **MRN:** 347 **AGE:** 8 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: asthma exacerbation, non productive cough waking him up through out the night with episodes of shortness of breath, sore throat

HISTORY OF PRESENT ILLNESS: He has had 2 asthma flare ups since August prior to today, both requiring prednisone and albuterol for relief. His last albuterol treatment was at 5am and it helped to relieve his symptoms. No fever, runny nose, or congestion.

VITALS: **Pulse:** 116; **Ht:** 52 in.; **Wt:** 73 lbs.; **BMI:** 18.98; **Pulse Oximetry:** 98%

GROWTH PERCENTILES:

Weight/Age: 81

Height/Age: 48

Weight/Height: N/A

BMI/Age: 87

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

ProAir HFA 90 mcg/actuation aerosol inhaler (2 puffs every 4-6 hrs as needed)

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE 3 TIMES PER DAY as needed for sob/wheezing)

PAST MEDICAL HISTORY: History of motion sickness, exercise-induced asthma.

PAST SURGICAL HISTORY: tonsillectomy and adenoidectomy May 2023

SOCIAL HISTORY: Lives with both parents. Attends school.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; + tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Expiratory wheezes noted in anterior right upper lobe, posterior LUL and RUL.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J45.21 - Mild intermittent asthma with (acute) exacerbation (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Step up therapy to pulmicort daily and albuterol prn. Rx as per below. Follow up in 3 months for recheck.

prednisolone 15 mg/5 mL oral solution
Refills: 0 Qty: 30 ML(S)
Instructions: 10 ML PO ONCE DAILY X 3 DAYS (Dispensed)

Pulmicort Flexhaler 90 mcg/actuation breath activated
Refills: 2 Qty: 1 UNIT(S)
Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE 2 TIMES PER DAY (Disp 1 inhaler).

Electronically signed by Lindsey Barton, CRNP on 10/27/23 9:31 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.