

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/21/24

PATIENT: BURGER, JENO **DOB:** 01/22/1962 **Gender:** MALE **MRN:** 351 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Left ear pain with drainage since having his ear lavage last week

Symptoms: pain and drainage

Location: Left ear

Quality: pain

Severity: moderate

Duration: 1 week

Timing: Constant

VITALS: BP: 144/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98; **Resp:** 18; **Ht:** 70 in.; **Wt:** 220.6 lbs.;
BMI: 31.65; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins

MEDICATIONS:

Norvasc 10 mg tablet

cetirizine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)

cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED)

ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED WITH FOOD)

montelukast 5 mg chewable tablet (For sleep apnea/congestion)

simvastatin 10 mg tablet

PAST MEDICAL HISTORY: HTN, HLD

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea. POSITIVE FOR LEFT EAR PAIN AND DRAINAGE.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: All negative for discharge or mass.

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PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Right ear canal patent. Left ear canal has erythema, slight edema, and purulent drainage. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H60.332 - Swimmer's ear, left ear (PRIMARY)

PLAN:

Patient has otitis externa. Discussed the importance of allowing ears to drain thoroughly after rinses, showers, and swimming. Prescribed drops.

Instructed to return if not improved in 3-5 days or for worsening symptoms.

ofloxacin 0.3 % ear drops

Refills: 0 Qty: 5 ML(S)

Instructions: INSTILL 10 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE ONCE DAILY

Electronically signed by Hayley Guthrie, CRNP on 08/21/24 10:13 AM