

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/29/18

PATIENT: BURGER, MICHAEL **DOB:** 01/22/1962 **Gender:** MALE **MRN:** 351 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Ears feel full of wax and may need to be irrigated.

ModFact: Used mineral oil over the weekend to help soften the wax

Other: Takes simvastatin, a ASA and currently on an antibiotic for sinus infection.

COMPLAINT 2: (L) upper back pain

Symptoms: Pain in the (L) upper back (shoulder blade) area that occurred over night. Does not remember an injury or unusual activity. Denies any pain in left arm/shoulder or radiating pain down the left arm

Quality: sharp

Severity: 6/10

Duration: this morning

Context: Pain has occurred previously.

VITALS: BP: 122/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98.7

ALLERGIES: Penicillins

MEDICATIONS:

Norvasc 10 mg tablet

PAST MEDICAL HISTORY: HTN, High cholesterol

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

MUSCULOSKELETAL: Patient is positive for: Pain in left scapulae

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Left TM intact and reflex normal; Right TM not visible due to impacted cerumen. Bilateral ear canals with soft brown cerumen noted

NOSE: Septum without Deviation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

MUSCULOSKELETAL: Full Range of Motion; muscle tenderness noted in left medial scapulae (infraspinatus) with tenderness with ROM. Muscle tightness noted with palpation

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NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

M54.9 - Dorsalgia, unspecified (PRIMARY)
M25.512 - PAIN IN LEFT SHOULDER
H61.23 - IMPACTED CERUMEN, BILATERAL

PLAN:

ibuprofen 800 mg tablet
Refills: 0 Qty: 60 TABLET(S)
Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED WITH FOOD

cyclobenzaprine 5 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED

Bilateral ear irrigation.

Continue with abx for sinus infection and complete entire course of therapy.

Will consider imaging study of left shoulder if discomfort persists.

RTC for unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 10/29/18 12:02 PM