

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/16/19

PATIENT: BURGER, MICHAEL **DOB:** 01/22/1962 **Gender:** MALE **MRN:** 351 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough

Symptoms: Started with a cold last week and at the end of the week developed a cough. Cough is more prominent at night. Dry, non-productive generally. No known fever or night sweats.

ModFact: Has tried OTC for cough without relief.

COMPLAINT 2: Ears

Symptoms: Wants to be sure that there is no wax buildup.

VITALS: BP: 131/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.9

ALLERGIES: Penicillins

MEDICATIONS:

Norvasc 10 mg tablet

cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED)

ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED WITH FOOD)

montelukast 5 mg chewable tablet (For sleep apnea/congestion)

simvastatin 10 mg tablet

PAST MEDICAL HISTORY: HTN, High cholesterol

PAST SURGICAL HISTORY: oral surgery

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

RESPIRATORY: Patient is positive for: Cough, Patient denies: SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: TMs intact; Right ear Cerumen Impaction; Hearing Normal; Pinna Normal;

NOSE: Septum without Deviation; No Septal Perforation; Clear rhinorrhea; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

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PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

R05 - COUGH (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

benzonatate 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED FOR COUGH

cetirizine 10 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Stop OTC cough medication. Continue with Mucinex twice daily as directed.

Increase fluids orally--water.

RTC or report to urgent care OR ED for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 12/16/19 4:14 PM