

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/10/18

PATIENT: LANG, TERESA **DOB:** 10/24/1959 **Gender:** **MRN:** 364 **AGE:** 58 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Was possibly exposed at a conference. The person was sick.

Symptoms: Body aches, nasal congestion and, chest pain, cough and sore throat. Symptoms started Monday afternoon. Last night had a fever.

ModFact: Had non-specific symptoms a few years ago and was not checked for flu until after the 3 day window.

VITALS: BP: 122/67 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 98

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Chickenpox, Mumps, Hives

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic; Airways patent; Membranes moist;

EARS: TM's intact and reflect NCL;

NOSE: Nasal mucosa moist and pink; congestion noted, bilateral maxillary sinus tenderness noted with palpation

THROAT: Throat red; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; No Lymphadenopathy;

CARDIOVASCULAR: HRRR; No Murmur;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

Elected prophylactic treatment for flu based on clinical presentation and subjective assessment.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Negative

MEDICATIONS NOT PERFORMED:

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

R68.89 - OTHER GENERAL SYMPTOMS AND SIGNS

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PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

URI/Sinusitis information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Tamiflu 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: 1 capsule po daily x 10 days

Electronically signed by Melodye Harvey, CRNP on 01/10/18 10:01 AM