

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/31/21

PATIENT: LANG, TERESA **DOB:** 10/24/1959 **Gender:** FEMALE **MRN:** 364 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus drainage, sore throat

HISTORY OF PRESENT ILLNESS: Ms. Lang presents today for sinus drainage, sore throat, headache, post nasal drip, (R) ear pain and SOB with exertion since Saturday. She denies n/v/d, fever or loss of taste/smell.

VITALS: BP: 119/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73; **Temp:** 97.8; **Resp:** 16; **Ht:** 64 in.; **Wt:** 144.7 lbs.;
BMI: 24.83; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Chickenpox, Mumps, Hives

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Toradol 60 MG (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/31/21

PATIENT: LANG, TERESA **DOB:** 10/24/1959 **Gender:** FEMALE **MRN:** 364 **AGE:** 61 Years

INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Negative

Toradol 60 MG :

Site Given: Left Gluteus Maximus

Dosage Given: 1 unit(s)

Administered By: Havard, Jyssica - MA

Dexamethasone 4mg/ml:

Site Given: Right Gluteus Maximus

Dosage Given: 1 milligram(s)

Administered By: Havard, Jyssica - MA

Depo-Medrol 40mg/ml:

Site Given: Right Gluteus Maximus

Dosage Given: 40 milligram(s)

Administered By: Havard, Jyssica - MA

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R51.9 - Headache, unspecified

PLAN:

Given samples of Alahist IR in office. Rx for same medication. Toradol shot for headache and steroid shot for allergies. Tylenol or motrin as needed for headache/pain. Follow up as needed.

Ala-Hist IR 2 mg tablet

Refills: 0 Qty: 15 TABLET(S)

Instructions: 1 tablet PO every 6 hrs as needed for sinus drainage/congestion

Electronically signed by Lindsey Barton, CRNP on 03/31/21 3:16 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.