

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/29/19

PATIENT: JENKINS, BRITTANEY **DOB:** 09/15/1989 **Gender:** **MRN:** 370 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Headache/sore throat

Symptoms: Patient reports sore throat and headache x 1 day. Denies fever. Reports congestion. Denies taking any medication for symptoms

Other: Reports sick contacts at home.

VITALS: BP: 129/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 98.8

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Singulair 10 mg tablet

amlodipine 10 mg-benazepril 20 mg capsule

ciprofloxacin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS)

ketorolac 30 mg/mL injection solution (INJECT 1 MILLILITER (30 MG) INJECTED IN RIGHT GLUT/MAX NOW)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: congestion, sore throat, sinus pain,

RESPIRATORY: Patient denies: Cough, SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink;

EARS: TM's intact and reflect NCL; External Auditory Canal clear;

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Bilateral Frontal Sinus Tenderness;

THROAT: Throat red without pustules; Posterior Nasal Drainage; Tonsillar Hypertrophy and erythema--3 + with pustules noted on left tonsil

NECK: Neck Supple; Full Range of Motion; No thyromegaly; Bilateral Anterior Cervical Lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

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STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J03.90 - ACUTE TONSILLITIS, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Tessalon Perles 100 mg capsule
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED FOR
COUGH

Solumedrol 40 mg IM x 1 dose now.

May use OTC expectorant of choice for congestion.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 05/29/19 1:16 PM