

CONFIDENTIAL Fax

FROM:

AMY B COOPER MD
273 Winton M Blount Loop, Montgomery, AL 36117-3507
Phone: (334) 280-1500
Fax: (334) 280-1600

TO:

HARVEY, MELODYE M, CRNP
Fax: (334) 244-3396

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MCA - 273 Winton M Blount Loop, Montgomery AL 36117-3507

JENKINS, BRITTANEY D (id #26056, dob: 09/15/1989)

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MONTGOMERY CARDIOVASCULAR ASSOCIATES, P.C.

P. O. Box 241587 Montgomery, Alabama 36124-2398
Phone (334) 280-1500 Fax (334) 280-1600
www.mcva.com

Date: 05/12/2020

RE: Brittaney Jenkins, DOB: 09/15/1989, PT ID #26056

Dear Melodye M. Harvey,

Brittaney Jenkins was in our office on 05/12/2020. I have enclosed a copy of the test performed. Once again, thank you for allowing us to participate in the care of this patient.

Sincerely,

Electronically Signed by: AMY B COOPER MD

ENCOUNTER REASON

None recorded

PROCEDURE DOCUMENTATION

**Standard GXT:
STANDARD STRESS TEST**

Study Information:

- **Facility:** Montgomery Cardiovascular Associates
273 Winton M Blount Loop
Montgomery, Alabama 36117
334-280-1500
- **Date of Study:** 5/12/2020
- **Ordering Provider:** Amy B. Cooper, MD, F.A.C.C.
- **Attending Provider:** Paul B. Moore, MD, F.A.C.C., F.A.C.P., F.S.C.A.I.
- **Referring MD:** Melodye M. Harvey
- **Clinical History and Indication:** Assessment of Chest Pain , Hypertension , Abnormal EKG
- **Stress Interpreting MD:** Amy B. Cooper, MD, F.A.C.C.
- **BMI:** 36.9
- **Performed on Beta Blocker:** no

Stress Procedure:

- After informed consent, this 30 year old female patient was prepped in the usual fashion. Baseline heart rate was 83 and the blood pressure was 120/82. The resting electrocardiogram revealed sinus rhythm with normal conduction. There were no arrhythmias and no ST-T abnormalities. Patient exercised according to the Bruce Protocol, completing 9 minutes and 15 seconds. The blood pressure at peak exercise was 174/72 and the heart rate increased to 185. This was a normal blood pressure response and a normal heart rate response to exercise. An estimated workload of 10.1 metabolic equivalents (METs) and a maximum predicted heart rate of 97% were achieved.
- The treadmill was stopped secondary to shortness of breath. During exercise, the patient experienced no other symptoms.
- The EKG with stress revealed no ST segment changes indicative of ischemia. With stress, there was no chest pain. With stress, no arrhythmias was/were noted.

Stress Impression:

- Normal graded exercise stress test.
- Average exercise capacity; 10.1 METs
- The EKG with stress revealed no ST segment changes indicative of ischemia
- A normal blood pressure response and a normal heart rate response were noted.
- With stress, no arrhythmias was/were noted.
- The Duke Treadmill Score is 9 which suggests a low risk of cardiovascular events. [Low (>or = +5) Moderate (-10 to +4) High (<=-11)]

DIAGNOSES AND ORDERS

low risk for ischemia, recent normal monitor and echo. Provide reassurance, likely PRN after MLP
05-29-2020 at 10:40 AM for return mlp
Lauren F Studdard, NP
MCA East

1. Chest pain

R07.9: Chest pain, unspecified

2. Electrocardiogram abnormal

R94.31: Abnormal electrocardiogram [ECG] [EKG]

3. Essential hypertension

I10: Essential (primary) hypertension

Return to Office

- Lauren Studdard, NP for Return MLP at MCA East on 05/29/2020 at 10:40 AM