

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/11/18

PATIENT: TATE, SUMMER **DOB:** 08/08/1986 **Gender:** **MRN:** 371 **AGE:** 31 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Day 3 of congestion and drainage. Not improving. Using OTC medications for symptoms and does not seem to be helping. No cough. Scratchy throat. Sinus pressure. Blood in secretions. Night sweats last pm.

Duration: 3 days

VITALS: BP: 130/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 99.7; **Ht:** 66.1 in.; **Wt:** 167.5 lbs.; **BMI:** 26.95; **FDLMP:** 01/01/18

ALLERGIES: Penicillins

MEDICATIONS:

meloxicam 15 mg tablet
pravastatin 40 mg tablet

PAST MEDICAL HISTORY: RA, Hypercholesterolemia, Chickenpox, Nasal allergies

PAST SURGICAL HISTORY: Tonsillectomy; Appendectomy; Nose surgery

FAMILY HISTORY: Mother with history of: Diabetes, HTN, Hyperlipidemia, Lupus Father with history of: HTN, Hyperlipidemia

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; Membranes moist;

EARS: TM's intact and reflect NCL;

NOSE: Nasal mucosa moist and pink; mild nasal congestion

THROAT: Posterior Nasal Drainage; Throat with mild erythema

NECK: Bilateral Anterior Cervical Lymphadenopathy with tenderness noted with palpation

CARDIOVASCULAR: HRRR; No Murmur;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3

MEDICATIONS NOT PERFORMED:

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

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PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

URI information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 01/11/18 3:19 PM