

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/12/18

PATIENT: JOHNSON, PHILL **DOB:** 12/17/1962 **Gender:** **MRN:** 373 **AGE:** 55 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Persistent cough

Symptoms: Persistent cough following a cold, with tightness in the chest and some wheezing, No night sweats. Cough generally does not keep him up at night. Productive, brownish to clear sputum. Sometimes feels short of breath after coughing spell

Duration: Cold started right before Christmas and cough has just not resolved.

ModFact: No history of asthma. Wears a CPAP at night.

VITALS: BP: 155/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 97.3; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Obstructive Sleep Apnea;

PAST SURGICAL HISTORY: septoplasty due to sleep apnea

SOCIAL HISTORY: Patient smoked for 15 years but states that he quit in 2005

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, All negative for fever, chills, nausea, vomiting, dizziness, fatigue, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: Patient is positive for: Cough, Wheeze, shortness of breath after coughing episodes but none with exertion, negative for hemoptosis, orthopnea

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. Scant amount of blood noted on right internal TM External auditory canal clear.

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NOSE: Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ASSESSMENT:

R05 - Cough (PRIMARY)

PLAN:

Follow up PRN also if condition worsens or not improved

Over the counter meds: Xyzal, Mucinex DM ES,

Ventolin HFA 90 mcg/actuation aerosol inhaler

Refills: 0 Qty: 1 CARTRIDGE(S)

Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED

Electronically signed by Carol Stewart, NP on 01/12/18 3:30 PM