

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/03/22

PATIENT: DAVIS, KARREN **DOB:** 06/27/1971 **Gender:** FEMALE **MRN:** 3741 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Refill synthroid

HISTORY OF PRESENT ILLNESS: Mrs. Davis is a 50 yo female here today for refill of synthroid. She recently started working at AUM and has not been able to get in with a PCP yet. She is having to take her synthroid every other day to make it last and she is almost out. Her last TSH- 5.372, T4- 0.94, T3- 2.7 in July 2021.

VITALS: BP: 138/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 98.1; **Resp:** 17; **Ht:** 65 in.; **Wt:** 226.5 lbs.;
BMI: 37.69; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Synthroid 75 mcg tablet (1 tablet daily)

Wellbutrin XL 150 mg 24 hr tablet, extended release (1 tablet daily)

PAST MEDICAL HISTORY: hypothyroidism, depression, traumatic pap smear in 1996 as a teenager. She has vaginal pain with the speculums so she is not able to have pap smears. Her last one was in Decemeber 2021 w/ the hysteroscopy.

PAST SURGICAL HISTORY: hysteroscopy w/ polyps removed Jan. 2022, colonoscopy- 2007.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- Multiple Myeloma.

HEALTH MX HISTORY:

Mammogram- August 9, 2021- negative.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

T4 FREE (QUEST) (1 unit(s)): Quest Diagnostics
TSH (QUEST) (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab

ASSESSMENT:

E03.9 - HYPOTHYROIDISM, UNSPECIFIED (PRIMARY)

PLAN:

Restart synthroid daily. Recheck thyroid labs in 6 weeks. She is also planning her Healthy Tigers at that visit as well.

Synthroid 75 mcg tablet
Refills: 1 Qty: 30 TABLET(S)
Instructions: 1 TABLET DAILY

Electronically signed by Lindsey Barton, CRNP on 05/03/22 4:13 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.