

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/14/22

PATIENT: DAVIS, KARREN **DOB:** 06/27/1971 **Gender:** FEMALE **MRN:** 3741 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers Physical

HISTORY OF PRESENT ILLNESS: Here today for healthy tigers physical. She is also due for recheck labs in regards to hypothyroidism. TSH 14.87 and Free T4 0.9 on 5/3.

She c/o stuffy nose, fatigue, headache that started yesterday. She was tested for COVID then and was negative. She would like to be retested as she was told it may be too soon since her symptoms started the same day she was tested. She reports she is feeling a little better this morning.

VITALS: BP: 123/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 97.9; **Resp:** 16; **Ht:** 65 in.; **Wt:** 225 lbs.;
BMI: 37.44; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Synthroid 75 mcg tablet (1 TABLET DAILY)
Wellbutrin XL 150 mg 24 hr tablet, extended release (1 tablet daily)

PAST MEDICAL HISTORY: hypothyroidism, depression, traumatic pap smear in 1996 as a teenager. She has vaginal pain with the speculums so she is not able to have pap smears. Her last one was in Decemeber 2021 w/ the hysteroscopy.

PAST SURGICAL HISTORY: hysteroscopy w/ polyps removed Jan. 2022, colonoscopy- 2007.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- Multiple Myeloma.

HEALTH MX HISTORY:

Mammogram- August 9, 2021- negative.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/14/22

PATIENT: DAVIS, KARREN **DOB:** 06/27/1971 **Gender:** FEMALE **MRN:** 3741 **AGE:** 50 Years

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab
GLUCOSE (1 unit(s)): Quest Diagnostics
TSH (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab
T4 FREE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
E03.9 - HYPOTHYROIDISM, UNSPECIFIED
R09.81 - NASAL CONGESTION
R53.83 - OTHER FATIGUE
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Otc antihistamines as directed on bottle for symptomatic relief.
Follow up with lab results and refill synthroid pending results. Follow up in 3 months.

Electronically signed by Lindsey Barton, CRNP on 06/14/22 9:41 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.