

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/17/23

PATIENT: JETT, JONATHAN **DOB:** 11/27/1985 **Gender:** MALE **MRN:** 3802 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Lump on lower back

HISTORY OF PRESENT ILLNESS: Mr. Jett presents to the clinic with complaints of a "knot on his lower back" around his belt line that he noticed this morning. He states the knot is painful to touch. He denies trauma.

VITALS: BP: 137/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97.2; **Resp:** 16; **Ht:** 72 in.; **Wt:** 218.6 lbs.;
BMI: 29.64; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lipitor 10 mg tablet (1 TABLET PO DAILY)
Singulair 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING FOR ALLERGIES)
aspirin 325 mg tablet (1 tablet PO daily)
lisinopril 30 mg tablet (1 TABLET PO DAILY)

PAST MEDICAL HISTORY: Sinus infections, kidney stones, HTN, HLD, Possible TIA in 2016.

PAST SURGICAL HISTORY: Vasectomy, tonsils and adenoids removed

SOCIAL HISTORY: Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Denies any past medical history

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. There is a small oval shaped lump located on his right side, lower back that moves easily and is tender to touch. No redness or warmth noted to the area.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M79.89 - Other specified soft tissue disorders (PRIMARY)

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PLAN:

Pending Ultrasound. Recommended stretches, apply heat and take Ibuprofen as directed for the next 3-5 days.

Referral: EMIC, East Montgomery Imaging Center (Radiology)

Instructions: Ultrasound

Electronically signed by Robin Blackwell, CRNP on 03/17/23 2:57 PM

Robin Blackwell CNP