

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/12/21

PATIENT: JETT, JONATHAN **DOB:** 11/27/1985 **Gender:** MALE **MRN:** 3802 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Allergy medication

HISTORY OF PRESENT ILLNESS: Mr. Jett presents today for allergies. He reports taking OTC medications such as CVS brand allergy relief once daily for the past few weeks but it wears off after a few hours. He reports this year has been worse for his allergies. His eyes have been watery and he has increased sneezing, and nasal congestion. Denies fever, runny nose, sore throat, or cough.

VITALS: BP: 135/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 97.9; **Resp:** 15; **Ht:** 73 in.; **Wt:** 218.9 lbs.;
BMI: 28.88; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lipitor 10 mg tablet (1 tablet PO daily)
aspirin 325 mg tablet (1 tablet PO daily)
lisinopril 30 mg tablet (1 tablet PO daily)

PAST MEDICAL HISTORY: Sinus infections, kidney stones, HTN, HLD, Possible TIA in 2016.

PAST SURGICAL HISTORY: Vasectomy, tonsils and adenoids removed

SOCIAL HISTORY: Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Denies any past medical history

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

PLAN:

Given samples of alahist PE in clinic x 2 doses with instructions to take every 4-6 hrs as needed.

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 2 Qty: 1 INHALER(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED for allergies

Singulair 10 mg tablet

Refills: 2 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING for allergies

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/12/21 8:45 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.