

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/27/21

PATIENT: JETT, JONATHAN **DOB:** 11/27/1985 **Gender:** MALE **MRN:** 3802 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: back pain

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with back pain. When asked where it hurts, patient is unable to locate the pain and just states "when it hurts, it just hurts, I think it's a pinched nerve". He feels the pain worse at night or early in the morning. Patient denies pain at this time but is asked to rate the pain when it is present on a scale of 1-10. Patient's response is "a step below a kidney stone". He reports the pain is chronic.

VITALS: BP: 131/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.3; **Resp:** 16; **Ht:** 72 in.; **Wt:** 213.5 lbs.;
BMI: 28.95; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED for allergies)

Lipitor 10 mg tablet (1 tablet PO daily)

Singulair 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING for allergies)

aspirin 325 mg tablet (1 tablet PO daily)

lisinopril 30 mg tablet (1 tablet PO daily)

PAST MEDICAL HISTORY: Sinus infections, kidney stones, HTN, HLD, Possible TIA in 2016.

PAST SURGICAL HISTORY: Vasectomy, tonsils and adenoids removed

SOCIAL HISTORY: Drinks occasionally, denies smoking and drug use

FAMILY HISTORY: Denies any past medical history

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; negative straight leg raise test, full range of motion in back 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M54.9 - Dorsalgia, unspecified (PRIMARY)

PLAN:

Pt here for chronic back pain, never seen prior to now. No XR in the past or MRI. Pain worse in the AM or at night. Occasionally wakes him up. He has not tried any OTC relief measures. Will give sample of Duexis to try. Also given print out on stretches for chronic back pain as well as exercises to improve back pain. If no relief in 6-8 weeks, will send for MRI and possible referral to PT or Neruo Surgeon if needed. He agrees.

Electronically signed by Maranda Fain, CRNP on 09/27/21 9:55 AM

Handwritten signature of M. Fain, CRNP in cursive script.