

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/12/21

PATIENT: YOUNG, STEVEN **DOB:** 03/08/1959 **Gender:** MALE **MRN:** 3829 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Diarrhea, SOB

HISTORY OF PRESENT ILLNESS: Mr. Young is a 62 yo male here today for a sick visit. He received his first COVID vaccine on Thursday April 8, 2021. On Saturday he started having n/v/d, associated with LLQ abdominal pain. He reports the pain is "just there". It is constant and sharp. Seems to be worse when he has a BM. Denies blood or mucus in his stools. He reports stools are just watery. He is unable to keep his food down. He has been trying to stay hydrated with water and gatorade. He also reports dry, hacking cough, metallic taste in mouth, body aches, chills, and sob. Denies fever. He states his temp has not gotten over 98.2, however this is high for him as his temp normally is around 96.

He has type 2 diabetes. He is now on toujeo and rybelsus. He was previously on Bydureon, however he developed a skin reaction to where his legs had these knots on them. He was taken off and changed to rybelsus. After coming off the bydureon his A1C went from 6-7% to 11%. He has a follow up with his PCP next week to recheck his A1C.

VITALS: BP: 173/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 98.2; **Resp:** 16; **Ht:** 70 in.; **Wt:** 219.2 lbs.;
BMI: 31.45; **Pulse Oximetry:** 97%

ALLERGIES: Bydureon (Skin reaction); codeine (Anaphylaxis)

MEDICATIONS:

Lotrel 10 mg-40 mg capsule

Rybelsus 7 mg tablet

Toujeo Max U-300 SoloStar 300 unit/mL (3 mL) subcutaneous insulin pen (50)

PAST MEDICAL HISTORY: Pneumonia, hypertension, hyperlipidemia, heart murmur, kidney stones, diabetes; Had skin reaction to bydureon.

PAST SURGICAL HISTORY: Bilateral knee surgery, OSA surgery, sinus surgery

SOCIAL HISTORY: Wife works on campus.

FAMILY HISTORY: Father: diabetes, heart disease; Mother: Cancer

HEALTH MX HISTORY:

PCP: Dr. Spencer Coleman

Colonoscopy- 2018 or 2019- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; + LLQ Abdominal pain; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
C-REACTIVE PROTEIN (QUEST) (1 unit(s)): Quest Diagnostics
SED RATE BY MOD WEST (QUEST) (1 unit(s)): Quest Diagnostics
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Ondansetron 4mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

UA:
 Appearance: Cloudy
 Color: yellow
 Glucose: Negative
 Bill: Negative
 Ketones: Negative
 Sp: 1.010
 Blood: Negative
 pH: 5
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Negative

INFLUENZA:
 Value: Negative

COVID Rapid Testing:
 Value: Negative

Ondansetron 4mg/ml:

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Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

Z20.822 - Contact with and (suspected) exposure to COVID-19 (PRIMARY)
R06.00 - DYSPNEA, UNSPECIFIED
R05 - COUGH
R10.32 - LEFT LOWER QUADRANT PAIN
R19.7 - DIARRHEA, UNSPECIFIED
R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED

PLAN:

Follow up with labs. Give zofran injection in office. Increase water intake and bland diet for 24 hrs. Referral to EMIC for CXR and CT abd/pelvis. Plan pending workup results.

Referral: EMIC, East Montgomery Imaging Center (Radiology)
Instructions: CXR, CT abd/pelvis w/ w/o contrast

ondansetron 4 mg disintegrating tablet
Refills: 0 Qty: 15 TABLET(S)
Instructions: Place 1 tablet on top of tongue and allow to dissolve every 6 hr as needed for nausea and vomiting

Electronically signed by Lindsey Barton, CRNP on 04/12/21 4:49 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.