

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 06/13/25

**PATIENT:** YOUNG, STEVEN   **DOB:** 03/08/1959   **Gender:** MALE   **MRN:** 3829   **AGE:** 66 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Fever, cough, ST, runny nose

**HISTORY OF PRESENT ILLNESS:** Mr. Young is a 66 yo male here today for fever (T-max 102), runny nose, cough, sore throat, and chest congestion since Wednesday night. He has been taking otc nyquil for symptoms at night and meds for daytime. He denies shortness of breath or wheezing.

**VITALS:** BP: 118/64   **Pulse:** 75;   **Temp:** 99.5;   **Resp:** 18;   **Ht:** 70 in.;   **Wt:** 175.6 lbs.;   **BMI:** 25.19;   **Pulse Oximetry:** 97%

**ALLERGIES:** Bydureon (Skin reaction); Strawberries; codeine (Anaphylaxis)

**MEDICATIONS:**

BD Nano 2nd Gen Pen Needle 32 gauge x 5/32" (USE ONCE DAILY)  
Farxiga 5 mg tablet (1 tablet PO once daily)  
FreeStyle Libre 3 Sensor device  
Lotrel 10 mg-40 mg capsule

**PAST MEDICAL HISTORY:** Pneumonia, hypertension, hyperlipidemia, heart murmur, kidney stones, T2DM; Had skin reaction to bydureon.

**PAST SURGICAL HISTORY:** Bilateral knee surgery, OSA surgery, sinus surgery

**SOCIAL HISTORY:** Wife works on campus. Denies smoking, drinking, or illicit drug use.

**FAMILY HISTORY:** Father: diabetes, heart disease; Mother: Cancer

**HEALTH MX HISTORY:**

PCP: Dr. Spencer Coleman

Endocrinology: Dr. Faruk- UAB Baptist South

Colonoscopy- 2018 or 2019- reportedly normal.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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**MUSCULOSKELETAL:** Normal range of movement x 4 extremities

**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted.

**NEUROLOGIC:** Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

STREP A (1 unit(s)): In-House Lab  
INFLUENZA Rapid Test (1 unit(s)): In-House Lab  
COVID Rapid Testing (1 unit(s)): In-House Lab

**RESULTS:**

STREP A:  
Value: Negative

INFLUENZA Rapid Test:  
Value: Negative

COVID Rapid Testing:  
Value: Positive

**ASSESSMENT:**

U07.1 - COVID-19 (PRIMARY)  
R50.9 - FEVER, UNSPECIFIED  
R05.9 - COUGH, UNSPECIFIED  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

**PLAN:**

Will treat symptoms. Rx as per below. He states he is feeling a little better today. Rest, fluids, rotate tylenol and ibuprofen every 4 hrs as needed for fever as directed on bottle. May return to work once fever free for 24 hrs with no fever reducing meds. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HRS AS NEEDED FOR COUGH/CONGESTION

Electronically signed by Lindsey Barton, CRNP on 06/13/25 11:32 AM

*L. Barton, DNP, CRNP*