

**Auburn Montgomery Student Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 07/26/22

**PATIENT:** YOUNG, STEVEN    **DOB:** 03/08/1959    **Gender:** MALE    **MRN:** 3829    **AGE:** 63 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** cough, congestion

**HISTORY OF PRESENT ILLNESS:** Pt is a 63 YOM who comes in for congestion, chest tightness, cough, runny nose, sore throat, severe HA, body aches. 2 days duration. Hx of DM and HTN. denies N/V/D, loss of taste or smell, fever.

**VITALS:** BP: 175/86 **Pulse:** 76; **Temp:** 98.7; **Resp:** 16; **Ht:** 70 in.; **Wt:** 224.8 lbs.; **BMI:** 32.25; **Pulse Oximetry:** 98%

**ALLERGIES:** Bydureon (Skin reaction); codeine (Anaphylaxis)

**MEDICATIONS:**

Lotrel 10 mg-40 mg capsule

Rybelsus 7 mg tablet

Toujeo Max U-300 SoloStar 300 unit/mL (3 mL) subcutaneous insulin pen (50)

ondansetron 4 mg disintegrating tablet (Place 1 tablet on top of tongue and allow to dissolve every 6 hr as needed for nausea and vomiting)

**PAST MEDICAL HISTORY:** Pneumonia, hypertension, hyperlipidemia, heart murmur, kidney stones, diabetes; Had skin reaction to bydureon.

**PAST SURGICAL HISTORY:** Bilateral knee surgery, OSA surgery, sinus surgery

**SOCIAL HISTORY:** Wife works on campus.

**FAMILY HISTORY:** Father: diabetes, heart disease; Mother: Cancer

**HEALTH MX HISTORY:**

PCP: Dr. Spencer Coleman

Colonoscopy- 2018 or 2019- reportedly normal.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. + cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted.

**NEUROLOGIC:** Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External  
COVID Rapid Testing (1 unit(s)): In-House Lab  
STREP A (1 unit(s)): In-House Lab  
INFLUENZA (1 unit(s)): In-House Lab (DELETED)  
EKG (1 unit(s)): Office Procedure

**RESULTS:**

STREP A:  
Value: Negative

COVID Rapid Testing:  
Value: Negative

**ASSESSMENT:**

R05.9 - COUGH, UNSPECIFIED (PRIMARY)  
R51.9 - HEADACHE, UNSPECIFIED  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED  
R07.9 - CHEST PAIN, UNSPECIFIED  
I10 - ESSENTIAL (PRIMARY) HYPERTENSION

**PLAN:**

EKG showed NSR, nonspecific TWA, stable for age group.

COVID and Strep negative, known exposure, will do PCR with resp panel. Pt agrees.

Advised to take BP medication, check BP at home, could be cause of HA. Needs to notify PCP if elevated at home.

ER precautions given. Pt aware and agrees.

Electronically signed by Maranda Fain, CRNP on 07/26/22 3:24 PM

*M. Fain, CRNP*