

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 09/19/18

PATIENT: ASIRI, FATIMAH **DOB:** 03/31/1991 **Gender:** **MRN:** 388 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash

Symptoms: Pt has broken out in a red rash that is itchy. Did not take anything unusual this morning and only ate an egg and cheese omelette. Thinks that she was possibly bitten by ants. Hands are swollen.

Location: All over body

Duration: Started this morning

Other: Benadryl 25mg was give at 9:40

VITALS: BP: 82/50 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 114 **BP2:** 126/72 **Site2:** LEFT ARM **Position2:** SITTING **Pulse2:** 104

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zofran 8 mg tablet (1 tablet po every 8 hours prn)

cefдинir 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

rizatriptan 5 mg disintegrating tablet (PLACE 1 TABLET (5 MG) ON TOP OF TONGUE, ALLOW TO DISSOLVE THEN SWALLOW. MAY REPEAT DOSE EVERY 8 HOU)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient denies: Throat pain or itching tongue

SKIN: Itching red rash over body

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

NOSE: Nose appears normal. Septum without deviation, no septal perforation, nasal mucosa moist and pink, sinus nontender. turbinates appear normal without exudate

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

DERMATOLOGIC: Skin Temperature: Warm Dry; Site of Rash: generalized all over body; Pruritic; papular

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

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L23.9 - ALLERGIC CONTACT DERMATITIS, UNSPECIFIED CAUSE (PRIMARY)

PLAN:

Benadryl 25 mg by mouth every 6 hours x 3 doses. DO NOT DRIVE!!

prednisone 5 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: Take as directed

hydrocortisone 2.5 % topical cream

Refills: 1 Qty: 30 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Avoid allergen.

Avoid scratching.

RTC in 2 days for f/u.

Electronically signed by Melodye Harvey, CRNP on 09/19/18 11:05 AM