

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 04/01/19

PATIENT: COCHRAN, COURTNEY **DOB:** 04/24/1987 **Gender:** **MRN:** 392 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Cough and nasal drainage starting a week ago. Cough is now productive with dark green sputum. Has been taking Dayquil and Nyquil but has been taking for a week. (L) eye was red with crusting this morning. No known fever or night sweats.

Duration: For about a week.

VITALS: **BP:** 133/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 70 **BP2:** 124/80 **Site2:** LEFT ARM **Position2:** SITTING; **Temp:** 98.6

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

Synthroid 137 mcg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: cough, runny nose, congestion, congestion, Hoarseness,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae red, sclera red.

EARS: Ears appear normal with fluid present bilaterally. External auditory canal clear.

NOSE: Sinus nontender; congested

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

J01.00 - Acute maxillary sinusitis, unspecified

PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Mucinex DM OTC q 12 hours.

If not improving, RTC.

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Electronically signed by Carol Stewart, NP on 04/01/19 2:23 PM