

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/05/18

PATIENT: COCHRAN, COURTNEY **DOB:** 04/24/1987 **Gender:** **MRN:** 392 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Sore throat, loss of voice, dry cough that she is unable to get rid of. Also feels exhausted. Symptoms began Thursday night. No body aches but has had fever/night sweats. Has not taken the flu shot.

ModFact: Has been taking Dayquil and Nyquil.

VITALS: BP: 117/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.8; **FDLMP:** 10/30/18

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

Synthroid 137 mcg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, Fatigue,

ENMT: Patient denies: cough, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact with fluid present. External auditory canal clear.

NOSE: Sinus nontender;

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, anterior lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

MONOSPOT (1 unit(s)): In-House Lab

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

R53.83 - Other fatigue

J02.9 - Acute pharyngitis, unspecified

PLAN:

CBC with diff (will notify of abnormalities)

OTC meds for symptoms

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Solu-Medrol (PF) 125 mg/2 mL solution for injection

Refills: 0 Qty: 1 VIAL(S)

Instructions: IM NOW

RTC id not improving or becoming worse.

Electronically signed by Carol Stewart, NP on 11/05/18 2:12 PM