

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/09/19

PATIENT: COCHRAN, COURTNEY **DOB:** 04/24/1987 **Gender:** FEMALE **MRN:** 392 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Feels worse today. Body aches and chills. Voice is going in and out. Congestion but little drainage. Difficulty with hearing.

VITALS: BP: 117/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 99.5

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

Synthroid 137 mcg tablet

amoxicillin 875 mg-potassium clavulanate 125 mg tablet (TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS)

cetirizine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)

guaifenesin ER 600 mg tablet, extended release 12 hr (TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 12 HOURS AS NEEDED)

PAST MEDICAL HISTORY: Hyperthyroidism;

SOCIAL HISTORY: Does not live alone; Married;

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Fever, Fatigue, Chills, body aches

ENMT: Patient is positive for: sore throat,

RESPIRATORY: Patient is positive for: Cough, Patient denies: SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/09/19

PATIENT: COCHRAN, COURTNEY **DOB:** 04/24/1987 **Gender:** FEMALE **MRN:** 392 **AGE:** 32 Years

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
INFLUENZA (1 unit(s)): In-House Lab
MONOSPOT (1 unit(s)): In-House Lab
MONOSPOT (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

MONOSPOT:
Value: Positive

MONOSPOT:
Value: Negative
Comment: Wrong outcome was initially entered.

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Continue with Mucinex, zyrtec, and antibiotic treatment.

May take Ibuprofen or acetaminophen for body aches.

Monospot--Negative; Flu--negative, CBC

Will notify patient of any abnormal lab results.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 12/09/19 4:40 PM