

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 12/16/21

**PATIENT:** ARMSTRONG, KAELENA    **DOB:** 12/29/1990    **Gender:** FEMALE    **MRN:** 394    **AGE:** 30 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** SON physical for Trenholm

**VITALS:** BP: 153/106    **Site:** LEFT ARM    **Position:** SITTING    **Pulse:** 84    **BP2:** 160/106    **Site2:** LEFT ARM    **Position2:** SITTING;    **Temp:** 97.7;    **Resp:** 16;    **Ht:** 65 in.;    **Wt:** 194.8 lbs.;    **BMI:** 32.41;    **Pulse Oximetry:** 99%;    **FDLMP:** 12/06/21

**ALLERGIES:** Augmentin

**MEDICATIONS:**

Celexa 40 mg tablet (daily)

**PAST MEDICAL HISTORY:** PCOS, endometriosis, anxiety

**PAST SURGICAL HISTORY:**

**SOCIAL HISTORY:** Married. 2 children.

**FAMILY HISTORY:**

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement. Passed forced whisper test bilaterally >5 ft.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

**ORDERS:**

CBC (1 unit(s)): In-House Lab

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 12/16/21

**PATIENT:** ARMSTRONG, KAELENA    **DOB:** 12/29/1990    **Gender:** FEMALE    **MRN:** 394    **AGE:** 30 Years

**ASSESSMENT:**

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)  
R03.0 - ELEVATED BLOOD-PRS READING W/O DIAGNOSIS OF HTN

**PLAN:**

Cleared for SON pending CBC results and recommendation to follow up with her PCP for HTN recheck.

Electronically signed by Lindsey Barton, CRNP on 12/16/21 10:26 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.