

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/05/18

PATIENT: ZHU, HAINING **DOB:** 08/31/1995 **Gender:** **MRN:** 395 **AGE:** 22 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Difficulty breathing

Symptoms: States that this morning was in the car with someone who was wearing perfume and has been having difficulty breathing since. States that this has happened before. Denies history of asthma. Has a cough, dry.

ModFact: Patient reports that he smokes cigarettes x 3 years.

VITALS: BP: 123/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 64; **Ht:** 68.8 in.; **Wt:** 118.6 lbs.; **BMI:** 17.61; **Pulse Oximetry:** 99%

PAST MEDICAL HISTORY: Denies any history of past illness.

PAST SURGICAL HISTORY: No history of any past surgery.

SOCIAL HISTORY: Pt using alcohol and tobacco (1/2 to 1 pack a day).

FAMILY HISTORY: Denies any family history of illness. States father has a similar problem with smelling things and having a reaction..

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic; Airways patent; Membranes moist;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Clear rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left;

THROAT: Throat mild erythema

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J30.9 - Allergic rhinitis, unspecified (PRIMARY)

Z87.891 - PERSONAL HISTORY OF NICOTINE DEPENDENCE

PLAN:

May use OTC allergy medication and nasal spray of choice.

Advised patient to stop smoking.

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RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 02/05/18 9:55 AM