

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/20/19

PATIENT: ZHU, HAINING **DOB:** 08/31/1995 **Gender:** **MRN:** 395 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat

Symptoms: Sore throat, swollen lymph node, fever and congestion. States he has a HA. Cough started this morning.
Duration: 1 day

VITALS: BP: 122/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 108; **Temp:** 98.5; **Resp:** 16

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies any history of past illness.

PAST SURGICAL HISTORY: No history of any past surgery.

SOCIAL HISTORY: Pt using alcohol and tobacco (1/2 to 1 pack a day).

FAMILY HISTORY: Denies any family history of illness. States father has some type of problem with smelling things and having a reaction..

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, dizziness, and fatigue. Symptoms started yesterday. Patient is not a good historian due to language barrier. Patient was able to translate some information using his phone.

ENMT: Patient is positive for: cough, congestion, sore throat, and runny nose. Denies earache. Reports frontal headache and pain to right side of neck.

CARDIOLOGIC: Denies chest pain and palpitations.

RESPIRATORY: Reports productive cough with yellow sputum. Denies wheezing. Reports smoking one pack of cigarettes every two days but states has not smoked since he started feeling bad.

GASTROINTESTINAL: Denies abdominal pain or diarrhea.

MUSCULOSKELETAL: Denies body aches.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. External auditory canal clear. OM effusion bilaterally.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, frontal and maxillary sinus tenderness.

THROAT: Throat is erythematous with some edema, worse on right side. no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, palpable right submandibular lymph node that is painful to touch.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

PLAN:

Augmentin 875 mg-125 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET(875MG) BY ORAL ROUTE EVERY 12 HOURS

Discussed with patient to take antibiotics as ordered.

Recommended Mucinex for headache and nasal congestion.

Tylenol for headache and fever as needed.

Increase fluids and rest.

Patient to return to clinic if not improving in 2-3 days, or as needed.

Electronically signed by Carol Stewart, NP on 02/20/19 1:38 PM