

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/27/19

PATIENT: ZHU, HAINING **DOB:** 08/31/1995 **Gender:** **MRN:** 395 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient here for recheck.

HISTORY OF PRESENT ILLNESS: Patient states all of his symptoms have improved since last visit except he is dizzy. Significant language barrier with patient, however we used an app on his phone to translate most of the conversation.

VITALS: BP: 108/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98.9; **Resp:** 16

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Augmentin 875 mg-125 mg tablet (TAKE 1 TABLET(875MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Denies any history of past illness.

PAST SURGICAL HISTORY: No history of any past surgery.

SOCIAL HISTORY: Pt using alcohol and tobacco (1/2 to 1 pack a day).

FAMILY HISTORY: Denies any family history of illness. States father has some type of problem with smelling things and having a reaction..

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, and vomiting. Reports dizziness when turning his head only and small amount of fatigue. Denies loss of appetite. States is eating and drinking plenty of fluids.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, or sore throat. Reports dizziness when he turns his head. Does not feel dizzy when he is sitting still. States the dizziness is not like the room is spinning.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

NEUROLOGIC: All negative for headache, difficulty with vision, or weakness.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear. Right canal erythematous and "peeling" noted to tissue.

NOSE: Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR; No murmur or gallop.

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

NEUROLOGIC: Cranial nerves 2-12 grossly intact.

ASSESSMENT:

R42 - Dizziness (PRIMARY)

PLAN:

Literature given about positional vertigo.

Encouraged increased fluids.

Patient to return to clinic as needed.

Electronically signed by Carol Stewart, NP on 03/01/19 9:16 AM