

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/03/18

PATIENT: ZHU, HAINING **DOB:** 08/31/1995 **Gender:** **MRN:** 395 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash

Symptoms: Itchy rash on body that started on Friday. Has some swelling around some of the sites. +redness. Denies changing detergents or soaps. Does not remember being anywhere that a bug could have bitten him. Denies changing soap, detergents, or eating any new food.

VITALS: BP: 127/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies any history of past illness.

PAST SURGICAL HISTORY: No history of any past surgery.

SOCIAL HISTORY: Pt using alcohol and tobacco (1/2 to 1 pack a day).

FAMILY HISTORY: Denies any family history of illness. States father has a similar problem with smelling things and having a reaction..

REVIEW OF SYSTEMS:

GENITOURINARY: Patient denies: Pelvic leaking urine, pain,

SKIN: rash on arm and around private area

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

DERMATOLOGIC: Skin Temperature: Warm Dry; erythematous, pruritic rash noted on right arm, right axilla, left groin area

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

L25.9 - UNSPECIFIED CONTACT DERMATITIS UNSPECIFIED CAUSE (PRIMARY)

PLAN:

hydrocortisone 2.5 % topical cream

Refills: 0 Qty: 30 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

prednisone 20 mg tablet

Refills: 0 Qty: 18 TABLET(S)

Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE TID X 3 DAYS, THEN BID X 3 DAYS, THEN DAILY X 3 DAYS

Take benadryl 25mg every night x 72 hours.

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F/U in 3 days

Electronically signed by Melodye Harvey, CRNP on 12/03/18 10:38 AM