

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/16/17

PATIENT: STEWART, CAROL **DOB:** 09/03/1958 **Gender:** **MRN:** 3 **AGE:** 58 Years

Encounter deleted by Carol Stewart

CHIEF COMPLAINT: work related stress Exhaustion Migraines

Symptoms: Anxiety Chronic Pain Dizziness

Location: Full Body

Quality: Constant Pressure

Severity: Chronic

Duration: years

Timing: Last episode of symptoms today Symptoms started today Symptoms worsened today

Context: Always at work Always after work

ModFact: Discontinue nicotine Discontinue nicotine Improved with exercise Improved with exercise Improved with Medication

VITALS: BP: 159/120

ALLERGIES: No Known Drug Allergies

SOCIAL HISTORY: Patient has an advanced care plan, Surrogate Decision Maker's Name: ;

FAMILY HISTORY: Brother with history of: HTN Father with history of: CAD :

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: cough, runny nose, congestion, sore throat, Dysphagia, Rhinorrhea,

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

Patient is positive for: Blurred vision, Headache, Photophobia,

CARDIOLOGIC: Patient is positive for: murmur, palpitations, syncope,

RESPIRATORY: Patient is positive for: SOB,

GASTROINTESTINAL: Patient is positive for: indigestion,

GENITOURINARY: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps. Joint pain,

MUSCULOSKELETAL: Patient is positive for:

NEUROLOGIC: Patient is positive for: Headache,

BREAST: All negative for discharge or mass.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: NAD Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3. Well/Developed/Nourished;

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HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Normocephalic; PERRLA; Conjunctiva Clear; Visual Fields Normal;

HEAD: Normocephalic and atraumatic

EYES: PERRLA. EOMI

EARS: TMs normal

PHARYNX: Oral mucosa normal Ears appear normal. TM's intact and reflect NL. External auditory canal clear. External Auditory Canal clear; TM's intact and reflect NCL;

NOSE: Nose appears normal. Septum without deviation, no septal perforation, nasal mucosa moist and pink, sinus nontender. turbinates appear normal without exudate

THROAT: Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation. Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple. No bruits or nodes. Neck is supple, FROM, no JVD, no lymphadenopathy. No thyromegaly;

CARDIOVASCULAR: RR+R HRRR without murmur. no clicks, gallops or rubs. Heart sounds of normal intensity. HRRR;

RESPIRATORY: Lungs clear

CHEST: Breast symmetric and nontender, no discrete breast mass, no nipple discharge, no skin retractions, no adenopathy, and no chest wall tenderness. No axillary Lymphadenopathy.

GASTROINTESTINAL: Abdomen is soft. Bowel sounds active. No masses, bruits, or tenderness.

MUSCULOSKELETAL: Back appears non-tender. Normal inspection.

DERMATOLOGIC: Temperature: warm, dry. No rash. No jaundice. No cyanosis.

LYMPHATIC: No Adenopathy;

NEUROLOGIC: CN II-XII intact

REVIEW:

Depression Screening:

1. Over the past two weeks, has the patient felt down, depressed or hopeless?
2. Over the past two weeks, has the patient felt little interest or pleasure in doing things?

Functional Ability / Safety Screening

1. Was the patient's timed Up & Go test unsteady or longer than 30

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seconds?

2. Does the patient need help with the phone, transportation, shopping, preparing meals, housework, laundry, medications or managing money?

3. Does the patient's have rugs in the hallway, lack grab bars in the bathroom, lack handrails on the stairs or have poor lighting?

4. Have you noticed any hearing difficulties?

Depression Screening:

1. Over the past two weeks, has the patient felt down, depressed or hopeless?

2. Over the past two weeks, has the patient felt little interest or pleasure in doing things?

EXTREMITIES: No CCE

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)

R50.9 - FEVER, UNSPECIFIED

PLAN:

Augmentin 875 mg-125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Maxalt 10 mg tablet

Refills: 3 Qty: 18 CAPLET(S)

Instructions: As needed

begin at the onset of H/A

Follow-up for Flu Shot

Follow-up in 1 week