

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/26/18

PATIENT: DILLARD, LAKESHIA **DOB:** 02/14/1979 **Gender:** **MRN:** 400 **AGE:** 38 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Sinus pressure and pain, particularly on the (R) side of face and head. Not much drainage. Throat started to hurt today. Symptoms began Monday.

Location: (R) side of head and ear

Duration: Since Monday

ModFact: Taking generic sinus medication for symptoms.

VITALS: BP: 115/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 97.4; **Ht:** 60.2 in.; **Wt:** 139.4 lbs.; **BMI:** 27.04; **FDLMP:** 01/16/18

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies any history of medical conditions.

PAST SURGICAL HISTORY: Surgery to finger on (L) hand.

FAMILY HISTORY: Mother with a history of heart disease and is deceased. Father with history of pancreatic cancer and is deceased. Maternal grandmother with history of stroke.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: congestion, sinus pain, earache, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: Normocephalic; PERRLA; Eye Lid Normal; Conjunctiva Clear; Sclera White; Cornea Clear without Abrasion or Foreign Body; Light Reflex Present; No photophobia.

Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nasal mucosa moist and pink; no discharge.

THROAT: Throat is pink, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, no tracheal deviation, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

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MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm damp; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

G43.909 - Migraine, unspecified, not intractable, without status migrainosus (PRIMARY)

H92.01 - Otalgia, right ear

R68.84 - Jaw pain

PLAN:

Maxalt 10 mg tablet

Refills: 0 Qty: 18 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE, MAY REPEAT AT 2 HOUR INTERVAL

Keep record of symptoms

Electronically signed by Carol Stewart, NP on 01/26/18 4:00 PM