

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/11/18

PATIENT: KILCREAS, TOBY **DOB:** 06/16/1985 **Gender:** **MRN:** 402 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough/cold symptoms

Symptoms: Feeling of tightness in chest, congestion, drainage, and sore throat. No known fever, no nasal drainage, but sinus drainage. Coughing frequently and has almost lost his voice. No HA.

Duration: Since Saturday.

VITALS: BP: 134/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 98

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tessalon Perles 100 mg capsule (TAKE 1 or 2 CAPSULE (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR CO)

cefdinir 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

ramipril 5 mg capsule

PAST MEDICAL HISTORY: History of shingles. High blood pressure

PAST SURGICAL HISTORY: Denies any surgeries.

SOCIAL HISTORY:

FAMILY HISTORY: Mother with a history of benign tumor. Father with borderline diabetes, HTN and high cholesterol and stroke. Grandparent with history of alcoholism, pancreatic cancer, diabetes, HTN, high cholesterol and stroke.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: cough, congestion, sore throat, Hoarseness,

NEUROLOGIC: Patient denies: Headache,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; Conjunctiva Clear; Sclera White; Membranes moist;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nasal mucosa moist and pink; mild congestion noted

THROAT: Throat red; Posterior Nasal Drainage;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Bilateral Wheezes; rhonchi

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NEUROLOGIC: No Focal Deficit; Gait and Station Normal; Cranial Nerves Intact;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J40 - BRONCHITIS, NOT SPECIFIED AS ACUTE OR CHRONIC (PRIMARY)

R06.2 - WHEEZING

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Zithromax 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET DAILY FOR 4 DAYS

prednisone 5 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: Take by mouth as directed

Tessalon Perles 100 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 OR 2 CAPSULE (100-200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

RTC prn for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 06/11/18 10:19 AM