

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/14/26

PATIENT: RIGGINS, TAMERA **DOB:** 11/08/1965 **Gender:** FEMALE **MRN:** 409 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right eye watering and painful

HISTORY OF PRESENT ILLNESS: 60 YO F c/o right eye pain, pt states she wears contacts and had slept in them for a few nights, took out old pair today to change and began having eye pain, watering a few hours later, denies any visual disturbances, loss of vision, headache.

VITALS: BP: 137/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 98.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 259 lbs.;
BMI: 44.45; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup (TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion)

amoxicillin 875 mg-potassium clavulanate 125 mg tablet (TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS)

atorvastatin 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY)

levothyroxine 25 mcg tablet (TAKE 1 TABLET (25 MCG) BY ORAL ROUTE ONCE DAILY)

metoprolol succinate ER 25 mg tablet, extended release 24 hr (TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY)

ramipril 5 mg capsule (TAKE 1 CAPSULE (5 MG) BY ORAL ROUTE ONCE DAILY)

triamcinolone acetonide 0.1 % topical ointment (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY)

valacyclovir 1 gram tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Tachycardia, diabetes--no medication, eczema, kidney stones; HTN, HLD, hypothyroidism, Vitamin D deficiency.

PCP- Dr. Kathy Lindsey

PAST SURGICAL HISTORY: hernia repair, breast reduction, left knee surgery

SOCIAL HISTORY: Exercises regularly; Does not use tobacco; Does not use recreational drugs; Consumes alcohol.

Frequency: 3 times per year, Type: wine, mixed drinks

FAMILY HISTORY: Mother with history of: breast ca--deceased at age 44

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- right eye erythematous with clear, watery drainage noted. EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

OTHER (1 unit(s)): In-House Lab

ASSESSMENT:

H57.11 - OCULAR PAIN, RIGHT EYE (PRIMARY)

H18.821 - Corneal disorder due to contact lens, right eye

PLAN:

tobramycin 0.3 %-dexamethasone 0.1 % eye drops,suspension

Refills: 0 Qty: 1 APPLICATOR(S)

Instructions: INSTILL 1 DROP INTO AFFECTED EYE(S) BY OPHTHALMIC ROUTE EVERY 6 HOURS x 3-5 days

Pt advised to not wear contacts over next several days while using drops. Also d/w pt importance of removing contacts every night. F/u with optometry with any continued issues.

Electronically signed by Breena Till, CRNP on 01/14/26 2:22 PM

