

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/10/23

PATIENT: RIGGINS, TAMERA **DOB:** 11/08/1965 **Gender:** FEMALE **MRN:** 409 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash on both ears, neck, and right arm since Saturday. Rash itches worse at night. Started on her arm then yesterday moved to her ears and neck. She has tried a few prescription creams that she had from a dermatologist visit (Naftin and Luzu) as well as hydrocortisone cream otc with no relief. Denies recent travel or sleeping in a hotel. Denies new soaps, lotions, or laundry detergent.

VITALS: BP: 108/72 **Pulse:** 93; **Temp:** 97; **Resp:** 16; **Ht:** 64 in.; **Wt:** 225.2 lbs.; **BMI:** 38.65; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atorvastatin 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY)
levothyroxine 25 mcg tablet (TAKE 1 TABLET (25 MCG) BY ORAL ROUTE ONCE DAILY)
metoprolol succinate ER 25 mg tablet, extended release 24 hr (TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY)
ramipril 5 mg capsule (TAKE 1 CAPSULE (5 MG) BY ORAL ROUTE ONCE DAILY)
valacyclovir 1 gram tablet (TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Tachycardia, diabetes--no medication, eczema, kidney stones; HTN, HLD, hypothyroidism, Vitamin D deficiency.

PCP- Dr. Kathy Lindsey

PAST SURGICAL HISTORY: hernia repair, breast reduction, left knee surgery

SOCIAL HISTORY: Exercises regularly; Does not use tobacco; Does not use recreational drugs; Consumes alcohol. Frequency: 3 times per year, Type: wine, mixed drinks

FAMILY HISTORY: Mother with history of: breast ca--deceased at age 44

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Bilateral ears, right forearm, and posterior right side of neck she has patchy areas with erythema, excoriation, and papular lesions in clusters.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

B86 - Scabies (PRIMARY)

PLAN:

Recommended benadryl at night for itching. Wash clothing and bedding in hot water after she treats herself with prescription below. Recommended she have her mattress sprayed for scabies. Follow up as needed.

permethrin 5 % topical cream

Refills: 1 Qty: 60 GRAM(S)

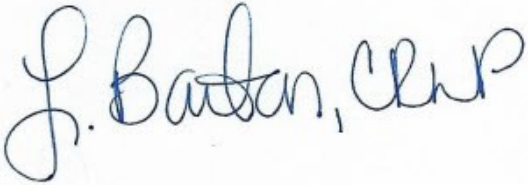
Instructions: APPLY (THOROUGHLY MASSAGE INTO SKIN FROM HEAD TO SOLES OF FEET) BY TOPICAL ROUTE ONCE LEAVE ON FOR 8-14 HR, THEN REMOVE BY THOROUGH WASHING

triamcinolone acetonide 0.1 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Electronically signed by Lindsey Barton, CRNP on 04/10/23 10:55 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.