

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/03/21

PATIENT: RIGGINS, TAMERA **DOB:** 11/08/1965 **Gender:** FEMALE **MRN:** 409 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Possible UTI

HISTORY OF PRESENT ILLNESS: Ms. Riggins presents today for the urge to urinate, voiding issues, pressure and "tickling while urinating" x 1 week. She denies any itching, vaginal discharged odor, lower back pain or dysuria. She reports she has had a kidney stone since 2019.

VITALS: BP: 126/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 97.5; **Resp:** 18; **Ht:** 64 in.; **Wt:** 251.4 lbs.;
BMI: 43.15; **Pulse Oximetry:** 97%; **FDLMP:** 05/03/07

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atorvastatin 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY)
levothyroxine 25 mcg tablet (TAKE 1 TABLET (25 MCG) BY ORAL ROUTE ONCE DAILY)
metoprolol succinate ER 25 mg tablet, extended release 24 hr (TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY)
ramipril 5 mg capsule (TAKE 1 CAPSULE (5 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: diabetes--no medication, eczema, kidney stones; HTN, HLD, hypothyroidism, Vitamin D deficiency.
PCP- Dr. Kathy Lindsey

PAST SURGICAL HISTORY: hernia repair, breast reduction, left knee surgery

SOCIAL HISTORY: Exercises regularly; Does not use tobacco; Does not use recreational drugs; Consumes alcohol.
Frequency: 3 times per year, Type: wine, mixed drinks

FAMILY HISTORY: Mother with history of: breast ca--deceased at age 44

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: cloudy
Color: yellow
Glucose: Negative
Bill: Positive
Ketones: Positive
Sp: 1.025
Blood: Positive
pH: 5
Protein: Positive
Urobilinogen: Positive
Nitrites: Negative
Leukocytes: Positive
Comments: leuk-500

ket-15
bug-1
bil-1
bld-250

ASSESSMENT:

N39.0 - Urinary tract infection, site not specified (PRIMARY)

PLAN:

Increase water intake. Take antibiotics as prescribed. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Pyridium 100 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AFTER MEALS AS NEEDED for bladder pain/spasms

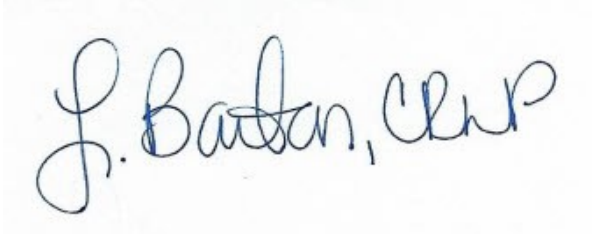
Electronically signed by Lindsey Barton, CRNP on 05/03/21 3:52 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".