

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 02/28/18

**PATIENT:** SHETA, HENILKUMAR    **DOB:** 06/17/1999    **Gender:**    **MRN:** 410    **AGE:** 18 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Here for follow-up to see the CRNP

Symptoms: States medication is helping and he is doing better. BS is doing better he says.

ModFact: On insulin. States blood sugars have been WNL

Other:

chest wall pain has resolved but continues to have fatigue on exertion.

**ALLERGIES:** No Known Drug Allergies

**PAST MEDICAL HISTORY:** type 1 diabetes Diagnosed at age 15. Has had poor management. Was hospitalized in India with DKA about 6 weeks ago. After discharge, came to the US two days later with 6 months Rx of insulin and oral medicatio. Has no plan for medical follow-up to manage health issues,

**PAST SURGICAL HISTORY:** Denies any surgeries

**SOCIAL HISTORY:** Denies use of alcohol or recreational drugs. Denies exercising regularly. Smokes 2 cigarettes/day.

**FAMILY HISTORY:** Denies any family health history.

**PHYSICAL EXAMINATION:**

**GENERAL:** Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

**HEENT:** Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

**EARS:** Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

**NOSE:** Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

**THROAT:** Throat is clear, no tonsillar hypertrophy, and no exudates.

**NECK:** Neck is supple, FROM, no JVD, no lymphadenopathy.

**CARDIOVASCULAR:** HRRR , no extra heart sounds, no murmur HRRR , no extra heart sounds, no murmur

**RESPIRATORY:** Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness. No increased respiratory effort.

**GASTROINTESTINAL:** Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

**MUSCULOSKELETAL:** Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

**NEUROLOGIC:** DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

**PSYCHIATRIC:** Alert and oriented x3; Mood and affect appropriate.

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**ORDERS:**

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics  
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics  
VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics  
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics  
BLOOD DRAW (1 unit(s)): In-House Lab

**ASSESSMENT:**

R53.83 - OTHER FATIGUE (PRIMARY)  
R06.02 - Shortness of breath (on exertion)

**PLAN:**

Will await lab results and decide course of action.

RTC Friday for recheck.

Electronically signed by Carol Stewart, NP on 02/28/18 2:09 PM