

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/07/18

PATIENT: BRASWELL, JANICE **DOB:** 10/08/1973 **Gender:** FEMALE **MRN:** 418 **AGE:** 45 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Fall

Symptoms: Fell while doing a walk-through and hit head on iron hand rail. Fell on (R) knee. Fall was on the 26th of November in the evening. Went to the ER and had scans and x-rays done. Now after getting back to work is experiencing HAs. Hit the frontal area of the head. Continues to experience some difficulties with knee.

Location: Head and (R) knee.

Duration: 2 weeks ago,

ModFact: Takes another BP medication.

VITALS: BP: 129/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89

ALLERGIES: Penicillins

MEDICATIONS:

Prilosec 10 mg oral suspension, delayed release

Reglan 10 mg tablet

clonidine HCl 0.1 mg tablet

lorazepam 0.5 mg tablet

PAST MEDICAL HISTORY: Hypertension;

PAST SURGICAL HISTORY: Partial Hysterectomy, cervical spine repair after an accident., tubaligation.

FAMILY HISTORY:

Mother 70 HTN

Father deceased from skull fracture at age 48

sisters all have HTN

brother unknown

grandparents all deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Constitutional All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

Patient is positive for: Headache,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: Patient is positive for: Trouble with Ambulation due to knee pain. Patient is positive for: Extremity Pain, Joint pain,

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NEUROLOGIC: Patient is positive for: Headache unilateral on right forehead and temporal area.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR, no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm dry; slight swelling on right forehead and temporal area (residual from hematoma).

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit. No vision changes, no decreased sensation.

ASSESSMENT:

G44.309 - Post-traumatic headache, unspecified, not intractable (PRIMARY)

M25.561 - Pain in right knee

PLAN:

naproxen 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD AS NEEDED

methocarbamol 750 mg tablet

Refills: 0 Qty: 15 TABLET(S)

Instructions: TAKE 1 TABLET (750 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED

Advised to go to the ER if pain increases or becomes lethargic.

Will refer to a neurologist for continued evaluation if possible.

Electronically signed by Carol Stewart, NP on 12/07/18 4:36 PM

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