

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/01/23

PATIENT: CHEN, YUN **DOB:** 12/30/1961 **Gender:** MALE **MRN:** 4240 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Annual follow up and abdominal pain

HISTORY OF PRESENT ILLNESS: Mr. Chen is a 61 yo male here today for annual follow up. He is accompanied by his wife and son in law. His SIL helps to translate. He is here today for his annual. He needs med refills. He c/o lower abdominal pain over the weekend. He started taking prilosec otc and it helped. He has not had any pain in the past 2 days. Denies associated symptoms of nausea/vomiting, diarrhea, constipation, or blood in stool. Denies urinary symptoms.

His BP is elevated today. He does not check it at home. Repeat BP in office is 175/101. He denies any symptoms and reports he took his BP meds at 8 am this morning.

VITALS: BP: 164/103 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 54 **BP2:** 175/101; **Temp:** 96.8; **Resp:** 16; **Ht:** 69.5 in.; **Wt:** 175.8 lbs.; **BMI:** 25.58; **Pulse Oximetry:** 95%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Crestor 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY at bedtime)
Enteric Coated Aspirin 81 mg tablet, delayed release (TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY)
amlodipine 2.5 mg tablet (TAKE 1 TABLET (2.5 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: CAD s/p stent, HTN, HLD, kidney stones.

PAST SURGICAL HISTORY: Heart cath with stent placement in 2015.

SOCIAL HISTORY: Married. Lives with daughter and SIL. Former smoker. Quit in 2017. Drinks liquor most days of the week. Denies illicit drug use.

FAMILY HISTORY: Unknown.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
TSH (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
PSA, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Positive
Sp: 1.020
Blood: Positive
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: Yes
Comments: Ket-15, Bld- 50.

ASSESSMENT:

R10.30 - LOWER ABDOMINAL PAIN, UNSPECIFIED (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
Z13.1 - ENCOUNTER FOR SCREENING FOR DIABETES MELLITUS

PLAN:

Recommended he go home and lie down in a dark room for 30 min and rest. Recheck BP. If still elevated, he will need to go to nearest ER. His son in law voiced understanding. Continue current meds. Follow up with lab results. He states his abdominal pain has resolved over the past 2 days. He was advised to find a PCP off campus as he is not affiliated with AUM as a dependent (his son in law works here). Will refill meds for the next 6 months. He can be seen for the next 6 months here as needed. Given Physician finder phone number and website for Baptist. His son in law verbalized understanding.

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amlodipine 2.5 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (2.5 MG) BY ORAL ROUTE ONCE DAILY

atorvastatin 20 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: 1 TABLET PO AT BEDTIME.

Crestor 10 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Enteric Coated Aspirin 81 mg tablet, delayed release

Refills: 3 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Lindsey Barton, CRNP on 03/01/23 11:45 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.