

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/15/21

PATIENT: SANFORD, ANNE **DOB:** 01/09/1985 **Gender:** FEMALE **MRN:** 4252 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough

HISTORY OF PRESENT ILLNESS: Ms. Sanford presents today for a cough that has lingered for the past month. For the past week she has had green mucus and sniffles. She denies congestion, runny nose and fever. She has been taking OTC Mucinex.

Of note her 9 month old son tested positive for COVID 1 month ago. She has tested negative on 2 different occasions. She has a history of bronchitis. Her PCP is Dr. Freeman.

VITALS: BP: 110/10 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 97.6; **Resp:** 15; **Ht:** 66 in.; **Wt:** 211 lbs.;
BMI: 34.05; **Pulse Oximetry:** 98%; **FDLMP:** 03/19/21

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Sinus infections, seasonal allergies, bronchitis, uti, migraines

PAST SURGICAL HISTORY: (2) c-sections

SOCIAL HISTORY: 5 drinks weekly, no illicit drug use, does not smoke

FAMILY HISTORY: Grandparent: heart disease, brain cancer, alcoholism

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

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Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Right Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: AUM Admin, User

Dexamethasone 4mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 1 milligram(s)
Administered By: Havard, Jyssica - MA

Depo-Medrol 40mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 40 milligram(s)
Administered By: Havard, Jyssica - MA

ASSESSMENT:

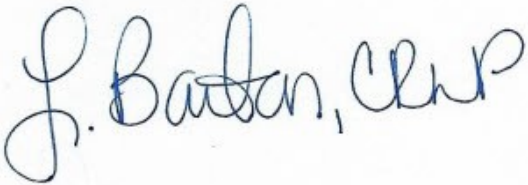
J20.9 - ACUTE BRONCHITIS, UNSPECIFIED (PRIMARY)
R05 - COUGH

PLAN:

Referral: EMIC, East Montgomery Imaging Center (Radiology)
Instructions: Referral given in office for CXR.

clarithromycin 500 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 04/15/21 11:25 AM



J. Barton, CRNP