

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/28/22

PATIENT: RECK, MELISSA **DOB:** 02/04/1973 **Gender:** FEMALE **MRN:** S00004440 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Medication Refill

HISTORY OF PRESENT ILLNESS: Mrs. Reck is a 49 yo female here today for refill of her BP medication. Her PCP is Dr. Banach. She can not get in to see him until August and she ran out of her BP medication 2 weeks ago. She has been feeling like her BP has been up which prompted her to come in for a refill.

VITALS: BP: 158/108 Site: LEFT ARM Position: SITTING Pulse: 96; Temp: 99.3; Resp: 16; Ht: 63 in.; Wt: 235.5 lbs.; BMI: 41.71; Pulse Oximetry: 99%; FDLMP: 03/30/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
diazepam 10 mg tablet (PRN)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule
ibuprofen 800 mg tablet
lisinopril 10 mg-hydrochlorothiazide 12.5 mg tablet
promethazine 25 mg tablet
zolpidem 10 mg tablet

PAST MEDICAL HISTORY: HTN, anxiety, insomnia, SAR.

PAST SURGICAL HISTORY: Tubal ligation,

FAMILY HISTORY:

Mother- died at 72 COPD
Father- died 76 colon cancer, HTN

HEALTH MX HISTORY:

Last colonoscopy Oct 2018
Last mammogram September 2018
Last pap September 2018

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

I10 - Essential (primary) hypertension (PRIMARY)

PLAN:

Restart BP meds as prescribed. Follow up with PCP as scheduled for routine labs.

lisinopril 10 mg-hydrochlorothiazide 12.5 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY

Electronically signed by Lindsey Barton, CRNP on 04/28/22 2:08 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.