

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/30/18

PATIENT: RECK, MELISSA **DOB:** 02/04/1973 **Gender:** FEMALE **MRN:** 34 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Congested, drainage, neck soreness. Started about a week ago, when cleaning out office and was exposed to lots of dust. No known fever. No night sweats. COncerned that she was exposed to Strep.

Duration: About a week.

VITALS: BP: 121/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 97.4

MEDICATIONS:

ibuprofen 800 mg tablet

lisinopril 10 mg-hydrochlorothiazide 12.5 mg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue, Malaise,

ENMT: Patient is positive for: runny nose, congestion, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus slightly tender; nasal congestion

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

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Instructions: TAKE AS DIRECTED(ZPACK)

RTC if symptoms not resolving.

Electronically signed by Carol Stewart, NP on 11/30/18 11:06 AM