

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/01/23

PATIENT: JETT, MEGAN **DOB:** 02/06/1986 **Gender:** FEMALE **MRN:** 4312 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus congestion, clear drainage, and right ear throbbing x 1 week. Denies fever, sore throat, or cough. Has been taking otc severe sinus medication with little relief.

VITALS: BP: 147/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 70; **Temp:** 97.1; **Resp:** 16; **Ht:** 212.7 in.; **Wt:** 69.5 lbs.; **BMI:** 1.08; **Pulse Oximetry:** 98%; **FDLMP:** 08/11/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

omeprazole 20 mg capsule, delayed release

PAST MEDICAL HISTORY: Sinusitis, UTI, Strep, PNE, Bronchitis, Seasonal allergies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or recreational drug abuse. Occasional ETOH use.

FAMILY HISTORY:

Father-DM

Brother-Depression, multiple myeloma.

Grandparent-DM, CVA, CAD, HLD, HTN, skin cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/01/23

PATIENT: JETT, MEGAN **DOB:** 02/06/1986 **Gender:** FEMALE **MRN:** 4312 **AGE:** 37 Years

Depo-Medrol 40mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY).

PLAN:

Rx as per below. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 09/01/23 9:24 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.