

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/30/21

PATIENT: JETT, MEGAN **DOB:** 02/06/1986 **Gender:** FEMALE **MRN:** 4312 **AGE:** 35 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: congestion

HISTORY OF PRESENT ILLNESS: Pt is here today with c/o chest congestion, SOB with simple tasks, productive cough, yellow sputum with cough, sore throat, nausea. She is vaccinated for COVID. She denies fever or V/D. She denies loss of taste or smell.

VITALS: BP: 152/91 **Pulse:** 84; **Temp:** 97.6; **Resp:** 16; **Ht:** 69.5 in.; **Wt:** 208.3 lbs.; **BMI:** 30.31; **Pulse Oximetry:** 98%; **FDLMP:** 11/16/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

omeprazole 20 mg capsule, delayed release

PAST MEDICAL HISTORY: Sinusitis, UTI, Strep, PNE, Bronchitis, Seasonal allergies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or recreational drug abuse. Occasional ETOH use.

FAMILY HISTORY:

Father-DM

Brother-Depression, multiple myeloma.

Grandparent-DM, CVA, CAD, HLD, HTN, skin cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates, no tonsil enlargement. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION
J40 - BRONCHITIS, NOT SPECIFIED AS ACUTE OR CHRONIC
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Pt here with cough, yellow mucous. Recent URI like s/s. No wheezing on exam. She denies sinus tenderness with palpation. S/S persistent for a week now. Will send in medrol dose pack and antibiotic. She agrees. Follow up if not better by Monday.

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKAGE
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

clarithromycin 500 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Maranda Fain, CRNP on 11/30/21 10:09 AM

M. Fain, CRNP