

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/04/19

PATIENT: ALSHAGAA, NORA **DOB:** 03/16/1984 **Gender:** FEMALE **MRN:** 437 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Painful period

Symptoms: Did not have a period for 2 months and has been to MD for pregnancy test which was negative (Both blood and Urine). Yesterday began having cramps and bleeding. Heavy bleeding and strong cramping.

Duration: 3 days

ModFact: Took OTC medication for pain but wanted to come in for something stronger.

VITALS: BP: 99/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 65; **FDLMP:** 02/04/19

MEDICATIONS:

cyclobenzaprine 10 mg tablet (1 tablet by oral 3 times per day as needed)

ketorolac 10 mg tablet (1 tablet daily by mouth as needed)

ondansetron 4 mg disintegrating tablet (TAKE 2 TABLETS (8 MG) AND PLACE ON TOP OF THE TONGUE WHERE THEY WILL DISSOLVE, MAY REPEAT DOSE EVERY)

tramadol 50 mg tablet (1 tablet daily by mouth as needed)

PAST MEDICAL HISTORY: NONE;

PAST SURGICAL HISTORY: Tonsillectomy;

SOCIAL HISTORY: Does not use alcohol; Does not live alone; Married; Does not use recreational drugs; Does not use tobacco; Does not exercise regularly;

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

GENITOURINARY: abnormal periods, pain, abnormal bleeding, back pain

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age; Appears uncomfortable

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

GASTROINTESTINAL: Abdomen Soft and Nondistended; Generalized Abdominal Tenderness; No Organomegaly; Bowel Sounds Symmetric x4; No Rebound Rigidity or Guarding;

MUSCULOSKELETAL: Bilateral CVA tenderness to palpation.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

MEDICATION INJECTIONS (1 unit(s)): Injection

RESULTS:

UA:

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Appearance: Clear
Color: Yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Positive
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

N94.6 - DYSMENORRHEA, UNSPECIFIED (PRIMARY)
R10.9 - UNSPECIFIED ABDOMINAL PAIN

PLAN:

ketorolac 10 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: 1 TABLET BY MOUTH EVERY 4-6 HOURS AS NEEDED

MEDICATION INJECTIONS (1 UN)--Ketorolac 60 mg IM x 1 dose now

Apply heating pad to lower abdomen to ease pain.

Excuse

RTC pm

Electronically signed by Melodye Harvey, CRNP on 02/04/19 1:41 PM