

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/04/22

PATIENT: ADAMS, JOSHUA **DOB:** 02/22/1991 **Gender:** MALE **MRN:** 4422 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion

HISTORY OF PRESENT ILLNESS: Pt c/o green snot with nasal congestion starting over the weekend. A kid in his sons class had covid, but his kids have not had s/s. He denies loss of taste or smell. Denies N/V/D. Denies fever or chills or body aches.

VITALS: BP: 158/85 **Pulse:** 84; **Temp:** 98.1; **Resp:** 16; **Ht:** 74 in.; **Wt:** 282.1 lbs.; **BMI:** 36.21; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HTN-not on medications, managed by PCP

PAST SURGICAL HISTORY: Left knee scope

SOCIAL HISTORY: Denies ETOH, illicit drug, or tobacco abuse. Lives on campus, wifes works on campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Negative

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Solumedrol 125mg/2ml:
Site Given: Left Ventral Gluteal
Dosage Given: 125 milliliter(s)
Administered By: Fain, Maranda - CRNP

ASSESSMENT:

R09.81 - NASAL CONGESTION (PRIMARY)
J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

Pt negative for COVID. No s/s of strep throat. Pt reports hx of seasonal allergies and sinus infections. Will treat for acute sinusitis. He agrees. Will call if not better in 7-10 days.

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 01/04/22 3:28 PM

M. Fain, CRNP