

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/11/19

PATIENT: CARTER, ALLYSON **DOB:** 03/18/1985 **Gender:** FEMALE **MRN:** 443 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Here for follow-up with CRNP.

VITALS: BP: 137/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99 **Large Cuff**

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prozac 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

PAST MEDICAL HISTORY: Thyroid problems and allergic to artificial sweeteners.

FAMILY HISTORY: Mother with history of: Breast Cancer

Other family disorders: Prostate ca, skin ca, DM II, heart disease, HTN, migraines, stroke, thyroid disorder, RA, OA

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Constitutional All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

Psychiatric: States she is unable to sleep well at night (has trouble going to sleep). Crying easily and has had episodes of panic attacks due to mothers deteriorating health from cancer.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3. Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR; HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

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NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect sad. Teary during interview.

ASSESSMENT:

F33.41 - MAJOR DEPRESSV DISORDER RECUR IN PARTIAL REMIS (PRIMARY)

F41.9 - ANXIETY DISORDER, UNSPECIFIED

G47.00 - INSOMNIA, UNSPECIFIED

PLAN:

trazodone 50 mg tablet

Refills: 1 Qty: 60 TABLET(S)

Instructions: TAKE 1 or 2 TABLET(s) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Xanax 1 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1/2 to 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR ANXIETY(Called into Adams Drugs PO Dr. Tuck)

Continue fluoxetine as ordered.

Electronically signed by Carol Stewart, NP on 01/11/19 4:57 PM