

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/05/19

PATIENT: CARTER, ALLYSON **DOB:** 03/18/1985 **Gender:** FEMALE **MRN:** 443 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Here for follow-up with CRNP

VITALS: BP: 144/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 100

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prozac 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Xanax 1 mg tablet (TAKE 1/2 to 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR ANXIETY(Called into Adams Dr)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
trazodone 50 mg tablet (TAKE 1 OR 2 TABLET(S) BY ORAL ROUTE ONCE DAILY AT BEDTIME)

PAST MEDICAL HISTORY: Thyroid problems and allergic to artificial sweeteners.

FAMILY HISTORY: Mother with history of:Breast Cancer

Other family disorders: Prostate ca, skin ca, DM II, heart disease, HTN, migraines, stroke, thyroid disorder, RA, OA

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

PSYCHOLOGICAL: States she has been completely overwhelmed by the death of her mother, becoming the executive for her estate and taking responsibility for her younger brothers. She cries easily and feels as if she just can't cope with the many stressors. Does not feel as if she is ready to be back at work

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

PSYCHIATRIC: Alert and oriented x3; Mood depressed. crying throughout the interview.

ASSESSMENT:

F32.9 - MAJOR DEPRESSIVE DISORDER SINGLE EPISODE USP (PRIMARY)

F43.21 - ADJUSTMENT DISORDER WITH DEPRESSED MOOD

PLAN:

Continue current dose of fluoxetine and use clonazepam sparingly.

Will request FMLA on behalf of this patient.

RTC in 1 week and prn.

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Electronically signed by Carol Stewart, NP on 03/08/19 3:39 PM