

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/26/18

PATIENT: CARTER, ALLYSON **DOB:** 03/18/1985 **Gender:** FEMALE **MRN:** 443 **AGE:** 33 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: In for evaluation of depression. Just found out her mother has metastasis of breast cancer to her liver, bone and brain. She will be resuming radiation therapy and continue chemo therapy although she has been told she is terminal. Patient has been crying and having trouble sleeping. Requesting antidepressants (has been treated here for depression and anxiety in the past)

VITALS: BP: 130/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72 **BP2:** 125/85 **Site2:** RIGHT ARM **Position2:** SITTING **Pulse2:** 74; **Temp:** 98.5

FAMILY HISTORY: Mother with history of: Breast Cancer

Other family disorders: Prostate ca, skin ca, DM II, heart disease, HTN, migraines, stroke, thyroid disorder, RA, OA

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea. Thyroid non-palpable, surgical scar noted from previous thyroid surgery.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematochezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PSYCHOLOGICAL: Crying easily, feels overwhelmed with life stressors.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

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RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; responsive and engaging, teary at times during interview.

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

BLOOD DRAW (1 unit(s)): In-House Lab

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)

F33.1 - MAJOR DEPRESSIVE DISORDER, RECURRENT, MODERATE

PLAN:

Prozac 20 mg capsule

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING

Will review labs and decide course of action on thyroid.

RTC in one week for recheck.

Electronically signed by Carol Stewart, NP on 11/26/18 3:46 PM